



Truro and Penwith
Academy Trust



Kehelland
Village
School

Sex and Relationship Education (SRE) Policy

Approved by:

Governing Board

Date: May 2024

Last reviewed on:

May 22. May 24.

Next review due by:

May 2025

Sex and Relationship Education Policy

Sex and Relationships Education is the right and responsibility of the parents. The school provides Sex and Relationships Education to support parents in fulfilling their responsibility. We use schemes such as Lifewise and Grammarsaurus to discuss the PSHE and Science elements of RSE. Our last parent consultation was held in person during the Parent Teacher meetings in the Spring term 2024.

Defining Sex and Relationships Education

It is a lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of stable loving relationships for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality, and sexual health. It is not about the promotion of sexual orientation or sexual activity. This would be inappropriate teaching. (DfE Guidance 0116/2000) Effective Sex and Relationships Education can make a significant contribution to the development of the personal skills needed by the children if they are to establish and maintain relationships. It also enables young people to make responsible and informed decisions about their health and well-being.

The aims of sex education

Based on the above definition the aims of Sex and Relationships Education in Kehelland Village School are:

- to enable our children to begin to understand the nature of human relationships – in all their diverse forms.
- to enable children to see the importance of stable loving relationships for family life for the bringing up of children and
- to prepare children for the changes that occurs to their bodies, minds and emotions as a consequence of growth from childhood to adulthood.

We have three main elements, all of which are important for a balanced Sex and Relationships Education Programme:

Attitudes and values:

- learning the importance of values, individual conscience and moral considerations
- learning the value of family life and stable and loving relationships for the nurture of children
- learning the value of respect, love and care
- exploring, considering and understanding moral dilemmas and
- developing critical thinking as a part of decision-making.

Personal and social skills:

- learning to manage emotions and relationships confidently and sensitively
- developing self respect and empathy for others
- learning to make choices based on an understanding of difference and with an absence of prejudice
- developing an appreciation of the consequences of choices made

- managing conflict and
- learning how to recognise and avoid exploitation and abuse.

Knowledge and understanding:

- learning and understanding physical development at appropriate stages
- understanding human sexuality, reproduction, sexual health, emotions and relationships and
- learning the reasons for delaying sexual activity, and the benefits to be gained from such delay, including the avoidance of unplanned pregnancy.

Content of the School's Sex and Relationships Education Programme

The content of the schools programme is based on the National Curriculum Science Order and the non statutory guidance for PSHE/Citizenship contained in the National Curriculum Handbook for Teachers.

DfEE's Guidance 0116/2000 - 3.3

At primary school level Sex and Relationships Education should contribute to the foundation of PSHE and Citizenship by ensuring that all children:

- develop confidence in talking, listening and thinking about feelings and relationships
- are able to name parts of the body and describe how their bodies work
- can protect themselves and ask for help and support and
- are prepared for puberty.

(National Curriculum Science KS1 and KS2)

The Science National curriculum also teaches reproduction in plants and animals in an age-appropriate science focused way. This is part of the curriculum and is statutory teaching.

The delivery of Sex and Relationships Education

The school recognises that Sex and Relationships Education must be taught at both Key Stages and not left until Year 6.. Parents will be informed about issues to be covered and we will seek their support in exploring these issues in the home context. It is recognised that this is a small school and that the relationships between staff, parents and children is often very close. All teachers are responsible for modelling and teaching good relationships in school supporting children in developing positive relationships. It is the responsibility of the whole staff to deliver the National Curriculum Science Order according to the scheme of work. It is recognised that in this school teachers are best placed to deliver Sex and Relationships Education, given their knowledge of the specific needs of their pupils. We do this with the close support of other agencies, particularly the school nurse.

SRE should not be delivered in isolation but be firmly embedded in all curriculum areas, including PSHE and Citizenship.

Methods of teaching and resourcing

Sex and Relationships Education is normally delivered by teachers in mixed age gender groups and on occasions it will be more appropriate for topics to be covered in single sex groups with older children.

In the delivery of Sex and Relationships Education teachers will use a variety of teaching methods and resources. These will include discussion, research and presentation and a wide variety of materials including videos and books which are age appropriate, taking into account developmental needs of individual children. Parents are welcome to view these materials and discuss with teachers methods of teaching and learning to be used.

Monitoring and evaluating

Teaching staff will:

- ensure that Sex and Relationships Education occurs in the school's curriculum according to the schemes of work for science and PSHE/Citizenship
- monitor the use of teaching and learning styles
- monitor the use of resources and
- evaluate the effectiveness of the schools programme.

Dealing with sensitive issues

Teaching staff must be clear about their professional approach to this area of the curriculum. Where discussion sessions take place the Governors expect all staff and children to follow the protocols set out below:

- no staff member or child will have to answer a personal question
- no one will be forced to take part in a discussion
- only the correct names for body parts will be used
- meanings of words will be explained in a sensible and factual way and
- staff may use their discretion in responding to questions and may say that the appropriate person to answer that question is the parent.

Kehelland School believes that Sex and Relationships Education should meet the needs of all children mindful of their developing sexuality and be able to deal honestly and sensitively with sexual orientation, answer appropriate questions and offer support.

Confidentiality and Child Protection

As a general rule a child's confidentiality is maintained by the member of staff concerned. If this person believes that the child is at risk or in danger, she/he talks to the named Child Protection Co-ordinator who takes action as laid down in the Child Protection policy.

Parental right to withdraw from Sex Education

Parents/Carers have the right to withdraw their children from all or part of the Sex Education provided at school. Parents **must** make contact with the school and request a meeting with the Headteacher, who is the only person that can authorise this. Parents and carers **cannot withdraw** their child from:

Relationships education

Health education

National curriculum science – including puberty, reproduction and body changes including naming body parts with the correct scientific vocabulary.

Communication with Parents

School informs families of what their child will be learning termly, including an overview of the objectives in every subject. This is sent home as a paper copy and can be found on our website/sent home via Seesaw. Teachers will send a letter to parents in advance of Science or Relationships education which might mean that children ask lots of questions. This is to encourage school and home to work together to support the learning and emotional development of the child. Resources used and the scheme which we use are set out on our school website OR can be obtained by asking at the office or class teachers. Similarly ALL resources used will be shared with parents on request and staff are always very happy to discuss any issues, worries or questions. We understand fully that this can be a sensitive subject and will do our best to work with families and support any concerns at the earliest opportunity.